



MENU

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www.inthebag-lunches.com

Order on-line or call/fax

515-222-9338



BRINGING THE MAGIC OF FUN AND
CARING TO YOUR WORKPLACE.



*Corporate
Cuisine*

79 University Avenue
Des Moines, IA 50314



Corporate
Retreat Center

Lunch with Laughter and Life Lessons

**Customers tell us we deliver so much more
than the best lunch in town:**

“People look forward to your lunches. You can’t say that about pizza.”

“You brighten my day. **ITB** drivers are happy, positive and respectful; food for my soul.”

“The Thought for the Day cards get people talking. They often make you realize how lucky you are, and put things in perspective. Not a bad thing at a business meeting.”

“The ducks and toys! I’ve seen them turn a dull meeting into a party and get people to relax and cooperate. You can’t be grumpy with a rubber duck staring at you.”

Giving the little gift bags to people is such a small thing with such amazing results. Everyone becomes a kid again. Playing a little at work and saying, “Thanks. You’re great!” with unexpected gifts just makes work better.

We are so grateful for your business and friendship. Thank you!

*Since 1994, the gang at **IN^{the}BAG** has been delivering gourmet lunches to businesses and organizations in Des Moines. Every day we try to do it better than anyone else to make us your favorite lunch caterer.*

The **IN^{the}BAG** Guy!



Follow us on Facebook.

Have an interesting or unusual story to share?

We're always looking for unusual ways our customers enjoy our meals. Let us hear from you...your story might be featured in our monthly newsletter, Quick Bites! It contains items of interest and often features specials and freebies.

If you don't receive Quick Bites and would like to receive a FREE electronic copy each month, use the "Contact Us" button at www.inthebag-lunches.com to send us your e-mail address. You can unsubscribe at any time.



Gourmet Sandwiches

Sandwiches come with:

- **Crisp sliced apples or a crisp veggie cup**
- **Pasta salad • A brownie for dessert**
- **Condiments, napkin and utensils**

- 1. Cobb Sandwich.** A salad-in-a-sandwich with smoked turkey, crisp bacon, avocado, bleu cheese, and tomato on a bed of fresh greens, piled high on marbled rye. **\$11⁹⁵**
- 3. Roast Beef.** Your all-time favorite, dressed for success: thinly sliced lean roast beef, stacked with a slice of Wisconsin cheddar, tomato, and lettuce, on a Kaiser roll. Side of horseradish sauce available upon request. **\$9⁹⁵**
- 4. Turkey Breast.** Our moist, shaved smoked turkey breast is topped with provolone cheese and fresh greens on multi-grain bread. Side of tangy cranberry sauce is available upon request. **\$9⁹⁵**
- 5. Vegetarian.** Yummy ripe avocado with mild provolone and cheddar topped with garden-fresh carrots, tomato, cucumber, red onion, and leaf lettuce, served on marbled rye bread. **\$9⁹⁵**
- 6. Chicken Salad.** A sassy chicken salad with diced apples, celery, and almonds, seasoned with honey-poppseed dressing and topped with leaf lettuce, served on a flaky croissant. **\$10⁹⁵**
- 7. Tuna Salad.** Zippy tuna salad with flair, with white Albacore tuna and topped with cashews and leaf lettuce. Served on a croissant. **\$10⁹⁵**
- 8. Ham and Swiss.** An international medley of thinly sliced ham, baby swiss cheese and fresh greens, piled high on fresh marble. **\$9⁹⁵**
- 9. Egg Salad.** Dill-lightful egg salad seasoned with a touch of dill and topped with fresh greens. Served on a croissant. **\$9⁷⁵**
- 10. Peanut Butter and Apple.** The ultimate peanut butter sandwich. 100% natural peanut butter and slices of Red Delicious apple, topped with apple butter, served on our special wheat bread. **\$9²⁵**
- 11. Chicken Avocado.** Tender sliced chicken breast with yummy avocado, strips of crisp bacon, slices of tomato and Swiss cheese, topped with green leaf lettuce on a fresh hoagie roll. **\$10⁹⁵**
- 12. Classic Club.** A giant of a sandwich with shaved smoked turkey, crisp bacon and tender roast beef, stacked high with Swiss and cheddar cheese, lettuce & tomato on our marbled rye... **\$11⁵⁰**
- 13. Chicken Sandwich.** We start with a fresh hoagie, then a layer of sliced whole chicken breast, Wisconsin cheddar cheese and top with lettuce and tomato. Simply delicious. **\$10⁹⁵**
- 14. Classic Italian.** A hoagie stacked with Italian salami, spicy pepperoni, cured ham and provolone cheese, topped with fresh greens, tomato, and green olives. Italian dressing on the side. **\$11⁹⁵**
- 15. Chicken Pita.** A tender sliced chicken breast, lettuce, tomato, and onions, wrapped in a delicious pita with our special cucumber sauce on the side. **\$10⁵⁰**
- 16. Middle Eastern Veggie.** Delicious and nutritious hummus topped with Kalamata olives, feta cheese, fresh green leaf lettuce, cucumber, red onion, and tomato. Served in a pita. **\$9⁹⁵**
- 17. Grilled Chicken Caesar Croissant.** A continental twist gives this sandwich a sweet finish. Sliced grilled chicken is layered with Romaine lettuce, then dusted with Parmesan cheese, and stacked on a flaky croissant spread with creamy Caesar dressing. **\$10⁹⁵**

25. Smoked Pork Loin. Generous slices of juicy pork loin stacked with provolone cheese, fresh greens, and tomato on wheat bread. Includes a side of applesauce and BBQ sauce. **\$10⁹⁵**

26. The New Yorker. This is the legendary corned beef and pastrami sandwich from the Big Apple. Perfectly seasoned corned beef joins thinly sliced pastrami piled high on marbled rye bread. It's topped with Swiss cheese, lettuce, tomato, and onion. Comes with a side of coleslaw and 1000 Island dressing. **\$11⁹⁵**

27. Chicken Cordon Bleu. Tender chicken breast crowned with flavorful baby swiss cheese and lightly cured ham on a fresh croissant stuffed with lettuce leaves and tomato slices. Accompanied with a side of our sweet honey-mustard dressing. **\$11⁵⁰**

Real Deal Meals

Feeding a bunch and don't have a hunch what anyone will want? Mix and match any **25 or more** smaller sized sandwiches. Each sandwich comes on a bun, with chips, apple slices and an Oreo cookie package.

\$7⁵⁰

RD50. Turkey Sandwich Deal Meal

RD51. Ham Sandwich Deal Meal

RD52. Roast Beef Sandwich Deal Meal

RD53. Veggie Sandwich Deal Meal

Pick 2

Mix and match 1/2 orders from any of our 40 sandwiches, wraps, 20 salads, or soups.

\$10⁵⁰

Basic Brown Bag

These sandwiches come with a bag of apple slices, chips, condiments on the side and a brownie.

18. Turkey	Your Choice! \$9⁵⁰
19. Ham	
20. Roast Beef	
21. Vegetarian	
22. Pauline's Ham Salad	
23. Peanut Butter & Grape Jelly	

Gluten-free wraps and bread available upon request.

Wraps & Soups

Your tortilla wrap comes with:

- Crisp sliced apples or a veggie cup
- Pasta salad
- A brownie for dessert
- Napkin, condiments and utensils

Any Wrap — **\$10.95**

60. Tangy Beef Roll-Up. Herbed cream cheese spread with shredded carrots, cheese, and lettuce, rolled around sliced beef.

61. Berry Turkey Wrap. Thin-sliced smoked turkey and shredded lettuce on top of cream cheese mixed with tangy cranberries.

62. Crunch-with-a-Punch Chicken Wrap. Chicken wrapped with walnuts, dried cherries, celery, shredded carrots and bleu cheese dressing.

63. Herbed Veggie Wrap. A mixture of fresh shredded veggies on a wrap spread with herbed cream cheese.

66. Chicken Fajita Wrap. Spicy grilled chicken with Monterey Jack cheese, topped with black olives, peppers, onions, lettuce, and sour cream. Served with a side of salsa.

67. Beef Fajita Wrap. Spicy grilled beef with Monterey Jack cheese, topped with black olives, peppers, onions, lettuce, and sour cream. Served with a side of salsa.

68. Chicken Caesar Wrap. Slices of grilled chicken breast and Parmesan cheese wrapped with romaine lettuce and dressed with classic Caesar dressing.

69. Turkey Havarti Wrap. Slices of smoked turkey breast, Havarti cheese and avocado wrapped with fresh spinach.

70. Californian Wrap. Smoked turkey, mixed greens, avocado on a wrap spread with cream cheese and a dab of honey dijon mustard.

You may substitute fresh baked cookies for the brownies in your bag — just ask!

Gluten-free wraps and bread available upon request.

71. Chicken BLT Wrap. Sliced grilled chicken and strips of smoked bacon rolled with lettuce, tomato, shredded cheese, crisp cucumber slices and ranch dressing.

72. Chicken Cobb Wrap. Grilled breast of chicken combined with avocado, bleu cheese, bacon, romaine lettuce, tomato, and topped with Parmesan peppercorn dressing.

73. Classic BLT Wrap. Crisp strips of bacon combined with lettuce and tomato on a wrap spread with creamy mayo.

74. Tuna Salad Wrap. **IN^{the}BAG's** famous Albacore tuna salad rolled up with shredded lettuce and cashews.

75. Chicken Salad Wrap. Our own chicken salad rolled in a tortilla with shredded lettuce.

76. Honey Mustard Ham and Havarti Wrap. Thin slices of ham and Havarti cheese wrapped with tangy honey mustard slaw, tomato and shredded lettuce.

77. Tuscan Ham Wrap. Premium ham rolled with slices of smoked Gouda and spicy pepper jack cheeses. Topped with roasted red pepper strips and a dash of Parmesan peppercorn dressing.

78. Ham and Cheddar Wrap. The classic combo of succulent ham and sharp cheddar wrapped with shredded lettuce.

Soup Menu

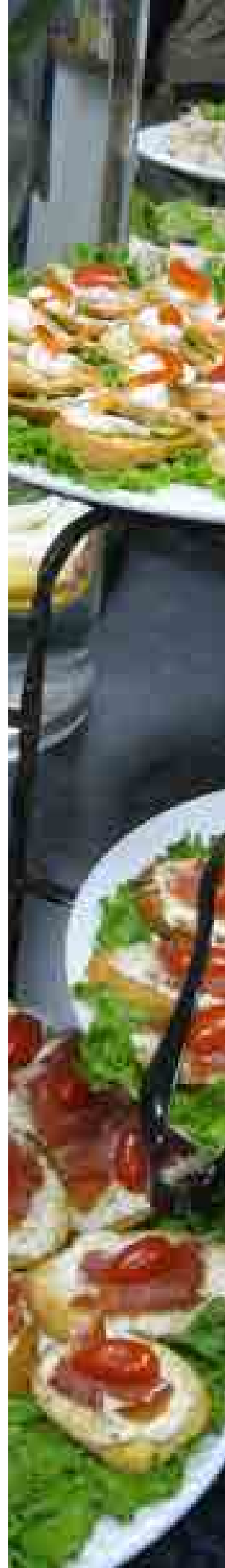
Soup fills you up and soothes your nerves. We have these popular favorites every day.

- Vegetable Beef
- Beef Chili
- California Medley
- Chicken Noodle
- Chicken with Wild Rice
- Wisconsin Cheese
- Tomato Bisque

Individual Soup
with Crackers
\$5.15

Rolls and butter.35¢ per person
Add a brownie. \$1 each

Bulk soup with crackers, bowls, spoons and napkins for
\$4.85 per person



Salads

Your salad comes with:

- A fresh baked roll, butter
- Croutons & light or regular dressing on the side
- A brownie for dessert
- A napkin and utensils

Any Salad — **\$10.95**

30. Autumn River Salad. Crispy Red Delicious apples, bleu cheese, pecans, and mixed greens topped with smoked turkey and honey dijon dressing on the side.

31. Greek Country Salad. Romaine lettuce, tomato slices, cucumbers, feta cheese, Greek olives, and sliced red onions, served with a lemon Greek vinaigrette.

32. Chef Salad. Mixed greens, bite-size pieces of tomato, cucumber, and carrots, topped with assorted cheeses, hard-boiled egg, roast beef, turkey, and ham. Comes with croutons and your choice of: Italian, ranch, thousand island, French, bleu cheese, honey dijon or fat-free ranch.

33. Tortellini Caesar Salad. Cheese-filled pasta mixed with romaine lettuce, asparagus, croutons, Parmesan cheese, and served with Caesar dressing.

34. Cobb Pasta Salad. Special pasta mixed with tender chunks of chicken and mixed greens, topped with crumbled bleu cheese, black olives, tomatoes, and bacon. Honey dijon dressing on the side.

35. Chicken Fajita Salad. Strips of spicy grilled chicken and strips of pepper and onion sit on a bed of lettuce crowned with grated Monterey Jack cheese, black olives and a dollop of sour cream. Comes with a side of fried tortilla strips, salsa and ranch dressing.

36. Chicken Salad Plate. Fresh chicken tossed with diced apples, celery and almonds, seasoned with honey-poppseed dressing and served with a variety of fresh fruits and ranch dressing on the side.

37. Tuna Salad Plate. White Albacore tuna salad, served with a variety of seasonal fresh fruits topped with cashews and ranch dressing.

38. Beef Fajita Salad. Slices of seasoned grilled beef, peppers and onions, sit on a bed of lettuce topped with grated Monterey Jack cheese, black olives and a dollop of sour cream. Comes with a side of fried tortilla strips, salsa and ranch dressing.

39. Santa Fe Chicken Salad. Fresh tossed greens topped with a mildly spiced chicken breast, shredded cheese, olives, tomatoes, a special chutney sauce and ranch dressing.

40. IN^{the}BAG Salad. Our signature salad with mixed organic baby greens, artichoke hearts, crunchy pecans, feta cheese. Balsamic vinaigrette on the side.

You may substitute fresh baked cookies for the brownies in your bag — *just ask!*

41. Caribbean Chicken Salad. Sweet and subtle. A full bed of mixed greens topped with marinated chicken breast, Mandarin oranges, pineapple, and pecans with chow mein noodles. French dressing on the side.

42. Spinach Salad. A bowl of the freshest spinach tossed with cherry tomatoes, smoked bacon bits, sliced cucumber, red onion and hard-boiled eggs. Comes with raspberry vinaigrette dressing.

43. Club Salad. A flavorful old favorite. Slices of chicken, ham and Swiss cheese are combined with tomatoes, bacon bits and topped with slices of hard-boiled egg and red onion. Comes with ranch dressing.

44. Fresh Strawberry Salad. A mix of fresh salad greens, sliced strawberries and kiwi, topped with cashews and served with a side of raspberry vinaigrette.

45. Cobb Salad. Strips of grilled chicken top a bed of chopped romaine lettuce and are sprinkled with diced tomatoes and avocado, sliced bacon, crumbled bleu cheese and hard-boiled egg. Comes with bleu cheese dressing, or any other, on the side.

46. Fruit Salad. A generous medley of the freshest fruit of the season served on a bed of baby greens. Comes with a raspberry vinaigrette dressing.

47. Oriental Chicken Salad. A juicy chicken breast complimented with crunchy chow mein noodles, toasted almonds, Mandarin oranges and water chestnuts on top of a shredded lettuce/cabbage combination and special dressing.

48. Classic 7-Layer Salad. As you'd expect — layers of lettuce, peas, bacon, onion, cheese, and tomatoes — topped with our special dressing, and a roll.

49. Chicken Caesar Salad. This classic is one of our most popular salads. Romaine lettuce is crowned with strips of grilled chicken, slices of hard boiled egg, cherry tomatoes, and shaved Parmesan cheese. Comes with Caesar dressing.

50. Grilled Salmon Caesar Salad. Flaky slices of grilled salmon sit on a bed of romaine lettuce and tomatoes. The salad is crowned with hard boiled eggs and a sprinkling of Parmesan cheese. Comes with Caesar dressing.

51. Fresh Vegetable Salad. The perfect salad when you can't decide. An assortment of fresh, in-season veggies tossed with mixed greens. Your choice of any of our wide selection of salad dressings, light or regular.

To upgrade your presentation, chaffing dishes are available upon request.

Each order includes: plates, napkins, and utensils.

Buffets

Small
Serves up to 15

Medium
Serves up to 20

Large
Serves up to 25

SANDWICH BARS:

Beef Crumbles.

Some call our ground beef classic a loose meat sandwich, but no two people build it quite the same. We provide buns and you build them to suit your taste with mustard, ketchup, pickles, onions, and cheese. Comes with sides of chips, baked beans, green salad and dressing.

\$165.00 \$220.00 \$275.00

Hot Roast Beef Sandwich Bar.

Put our well-seasoned beef atop bread and mashed potatoes, then cover your mountain of food with our delicious brown gravy. Comes with a side of corn, salad and assorted dressings.

\$183.75 \$245.00 \$306.25

Barbeque Sandwich Bar.

You'll never go wrong with this Midwestern classic. The hero of this meal is a generous scoop of barbecued beef, pork or chicken on a soft, fresh bun. It comes with potato chips, coleslaw and baked beans.

\$187.50 \$250.00 \$312.50

Build-Your-Own Cheesesteak.

Philly may or may not have gotten it right. Here's your chance to have it your way. Construct your perfect sandwich from seasoned beef, grilled peppers and onions, creamy American cheese sauce, diced tomatoes, and zesty banana peppers. Load your favorites on a hoagie bun, then grab some seasoned potato wedges and a scoop of pasta salad. *Perfection!*

\$195.00 \$260.00 \$325.00

Gourmet Hamburger* Bar.

(24-hour notice, please)
Everyone knows how to build their own perfect burger, and we've assembled all the ingredients to make it happen. Create your masterpiece from: aioli, pineapple salsa, grilled mushrooms and onions, bacon, lettuce, tomato, dill pickles, raw onion, and assorted sliced cheeses. Comes with baked chips, coleslaw and baked beans.

*Veggie burgers or turkey burgers available on request.

\$198.75 \$265.00 \$331.25

Italian Sub Sandwich Bar.

This lunch has a lot of pizzazz. Grab a freshly sliced sub bun and spoon on Italian sausage or spiced meatballs. Then add a layer of zesty marinated veggies and provolone cheese. Garnish with marinara sauce. We complete the meal with a big bowl of green salad with assorted dressings, and a bowl of tasty pasta salad.

\$195.00 \$260.00 \$325.00

Baked Potato Bar.

A spud-tacular array of toppings to crown a baked potato. Choose butter, sour cream, Jalapeños, bacon, shredded cheese, salsa, chili, or nacho cheese. We'll include a large bowl of fresh assorted salad greens and a choice of dressing.

\$180.00 \$240.00 \$300.00

Soup and Salad Bar.

A bountiful salad bar with a wide selection of great fresh toppings, and an assortment of regular and light dressings. Add your choice of two delicious soups — one broth and one cream-based — plus some crackers, and you've got a healthy, hearty lunch on the table.

*Need sandwiches with your salad bar?
Check out our sandwich platters on page 10.*

\$164.25 \$219.00 \$273.75

Pasta and Salad Bar.

Start with a helping of our special pasta, cooked to perfection, then top with a rich marinara, white wine Alfredo, or classic Bolognese red sauce with meat balls. Sprinkle with Parmesan cheese and enjoy. To accompany your meal, we'll provide a crisp green salad and rolls.

Need more meat? We'll bring a heaping pan of juicy, sliced chicken breasts for just \$2.00 per person.

\$180.00 \$240.00 \$300.00



Buffets



	Small Serves up to 15	Medium Serves up to 20	Large Serves up to 25
<p>Pepper Steak.</p> <p>We simmer tender tips of beef, sliced green pepper, onions and mushrooms in a rich brown sauce, then stir in fresh tomatoes. The medley is served over fluffy mashed potatoes and comes with green salad, assorted dressings, rolls and butter.</p>	\$210.00	\$280.00	\$350.00
<p>Beef Enchiladas.</p> <p>Spicy ground beef is rolled in flour tortillas, then smothered in a mild Mexican red sauce and topped with cheddar cheese. No south-of-the-border meal is complete without sides of Mexican rice and refried beans. It's a complete fiesta.</p>	\$195.00	\$260.00	\$325.00
<p>Fajita Wrap and Salad Bar.</p> <p>Will you wrap a flour tortilla around seasoned chicken strips or beef strips, and fresh fajita veggies? Or build a south-of-the-border salad? We'll bring a host of toppings including shredded lettuce, diced tomatoes, jalapeno peppers, sour cream, shredded cheese, and salsa. All complimented with a bowl of taco chips. Add beans and Spanish rice for \$2.25 per person.</p>	\$187.50	\$250.00	\$312.50
<p>Cavatelli with Italian Sausage.</p> <p>Tender pasta, ground Italian sausage and marinara baked to perfection under a layer of mozzarella and asiago cheese. Includes green salad, dressings, rolls and butter.</p>	\$176.25	\$235.00	\$293.75
<p>Cheese Manicotti.</p> <p>We stuff tubes of perfectly cooked manicotti pasta with a blend of Italian cheeses and bake them in a bright marinara sauce. Your meal is completed with a green salad, assorted dressings, and rolls with butter. Add meat sauce for just \$1.25 per person.</p>	\$172.50	\$230.00	\$287.50
<p>Pork Loin with Apple Stuffing.</p> <p>This is Chef Nan's exclusive juicy apple-and-bread stuffing baked with pork loin medallions. Includes sides of fresh vegetables, green salad with dressings, and rolls and butter.</p>	\$202.50	\$270.00	\$337.50
<p>Baked Ham.</p> <p>You can't go wrong with this year-round favorite. Our thick slices of smoked ham are glazed with a citrus sauce and served with sweet potato casserole, hot veggies, and a green salad with assorted dressings. Rolls and butter included.</p>	\$195.00	\$260.00	\$325.00
<p>Teriyaki Glazed Pork Loin.</p> <p>Juicy smoked pork loin in a sweet tangy teriyaki glaze. Comes with mashed potatoes, green salad, and assorted dressings. Rolls and butter included.</p>	\$183.75	\$245.00	\$306.25
<p>Taco/Nacho Bar.</p> <p>This Mexican fiesta includes both taco-flavored beef and chicken to fill either a hard or soft taco shell. Next, top your creation with several of these favorites: shredded lettuce, diced tomatoes, chopped onion, sour cream, salsa, and jalapeno peppers. Or build your meal atop taco chips and crown with nacho cheese. Ole! Want even more? Add beans and rice for \$2.25 per person.</p>	\$194.25	\$259.00	\$323.75
<p>Meat Loaf.</p> <p>We use mom's recipe with fresh ground beef, eggs, bread crumbs, and onion. It's served with salad, assorted dressings, mashed potatoes, gravy, and a veggie. Rolls and butter included.</p>	\$180.00	\$240.00	\$300.00
<p>Lasagna and Salad Bar.</p> <p>A large pan of traditional meat lasagna served with a salad of fresh greens and dressing that adds a touch of Italy. Fresh rolls add to the wonderful aroma of this meal. (We'll make it a luscious chicken or all-veggie lasagna — just ask!)</p>	\$187.50	\$250.00	\$312.50
<p>BLT Ravioli.</p> <p>We top our giant, cheese-stuffed ravioli with creamy white sauce with chunks of bacon and tomatoes. This warm and satisfying meal comes with a green salad, choice of dressings and rolls with butter.</p>	\$195.00	\$260.00	\$325.00

Each order includes:
plates, napkins,
and utensils.

Buffets

Chicken and Beef Kabobs.

Our skewers are adorned with generous pieces of meat, side-by-side with grilled pineapple and seasoned vegetables. Served on a bed of rice, with salad, dressings, rolls and butter.

Chicken Enchiladas.

Imagine tender chunks of chicken baked in a mixture of cheese, onion, tomatoes, and peppers, and seasoned with just the right combination of spices. The flavorful concoction is wrapped in a soft flour tortilla, then topped with cheese for baking. Served with our special Spanish rice, crisp chips to scoop up the delicious sauce, plus salad and dressings. Perfecto!

Chicken Fettuccine Alfredo.

It's a crowd-pleaser and a classic. Ribbons of tender pasta in a traditional Alfredo sauce with chunks of all-white chicken, broccoli, carrots, and red peppers. The meal comes with a crisp mixed green salad, dressings, and rolls and butter.

Chicken Tetrazzini.

Tender chicken chunks prepared in a creamy wine sauce with mushrooms, tossed with pasta and topped with Parmesan cheese. Includes green salad, dressings, and rolls and butter.

Chicken and Biscuits.

Tender cooked chunks of chicken and bite-size pieces of vegetables are simmered in a creamy white sauce. When it's rich and bubbly, we top it with buttery biscuits and bake until they're golden brown. Served with mashed potatoes, green salad and dressings.

Barbeque Chicken Breast Dinner.

Thick-but-tender chicken breasts are expertly grilled and basted in our signature BBQ sauce. Just one bite brings back the taste of summer. Served with ranch-style baked beans, creamy coleslaw, and cornbread muffins with honey butter.

Grilled Chicken Breasts with Wild Rice.

Flavorful white and wild rice topped with juicy seasoned grilled chicken breasts. Includes green salad, assorted dressings, and rolls and butter.

Spicy Cheesy Chicken and Pasta.

This custom dish has two bursts of flavor. First we pour a spicy, green chili cheese sauce over a combination of chicken and rotini pasta. Then we top the dish with crunchy french fried onions. Served with green salad, assorted dressings, and rolls with butter.

Hawaiian Chicken.

We grill tender, plump chicken breasts in our own special glaze until the chicken is tender and sweet. To complete the meal, we serve it with pineapple salsa, wild rice, a mixed veggie, salad and dressings, rolls and butter.

Italian Chicken.

We marinate our thick, tasty chicken breasts in Italian dressing until they're ready to burst with flavor. Then they're grilled to perfection and simmered in a marinara sauce with slices of pepperoni and melted mozzarella cheese. Serve them over a scoop of al dente penne pasta and add some green salad, dressing, and rolls and butter.

	Small Serves up to 15	Medium Serves up to 20	Large Serves up to 25
Chicken and Beef Kabobs.	\$217.50	\$290.00	\$362.50
Chicken Enchiladas.	\$195.00	\$260.00	\$325.00
Chicken Fettuccine Alfredo.	\$180.00	\$240.00	\$300.00
Chicken Tetrazzini.	\$176.25	\$235.00	\$293.75
Chicken and Biscuits.	\$142.50	\$190.00	\$237.50
Barbeque Chicken Breast Dinner.	\$172.50	\$230.00	\$287.50
Grilled Chicken Breasts with Wild Rice.	\$176.25	\$235.00	\$293.75
Spicy Cheesy Chicken and Pasta.	\$176.25	\$235.00	\$293.75
Hawaiian Chicken.	\$202.50	\$270.00	\$337.50
Italian Chicken.	\$202.50	\$270.00	\$337.50



Buffets



	Small Serves up to 15	Medium Serves up to 20	Large Serves up to 25
Chicken Parmesan.	\$202.50	\$270.00	\$337.50
Roast Turkey with all the Trimmings.	\$247.50	\$330.00	\$412.50

(24-hours notice, please)

Why wait 'til Thanksgiving when you can have your favorite feast TODAY? We bring succulent roast turkey breast, mashed potatoes, fabulous gravy, cornbread stuffing, buttered corn and cranberries. To finish filling your plate, this dinner comes with rolls and butter. Order a dessert if you dare!

a la carte Sides

Add to any hot buffet.

Per Person

Minimum: 15 servings per item.

Baked Beans—Traditional \$1.25

Baked Beans—Fully Loaded \$1.75

Our traditional baked beans with these additions:
pineapple, bacon, kielbasa, bold spices and extra thick sauce.

Cheesy Potatoes \$2.35

Corn \$1.40

Mixed Vegetables \$1.75

Cornbread Muffins \$1.50

The best in town — hands down! Our homemade mix is
embellished with colby jack, green chilies and corn kernels.

Herbed Mashed Potatoes \$1.35

Homemade using buttery Yukon Golds, mashed
with sour cream, herbs and bacon.

Rosemary Roasted Yukon Potatoes \$1.35

Scalloped Corn \$2.25

Cornbread Stuffing \$2.00

All the traditional flavors, plus apple.

Wild Rice \$1.25

Mashed Potatoes \$1.25

Artisan Dinner Rolls with Butter50

IN *the* BAG Platters

Each order includes: plates, napkins, and utensils.

Ready-to-Eat Sandwich Tray. *No.1 Best Seller!*

All your favorites, quick and simple. This tray includes a variety of our most popular sandwiches (ham, turkey, roast beef) — fresh, delicious and ready-to-eat. We complete the lunch with chips, condiments and our famous cookie and brownie tray.

Mini Sandwiches on Artisan Rolls

Assorted rolls filled with turkey and provolone, ham and swiss and roast beef with cheddar. Served with assorted spreads.

Pick Your Own Sandwich Tray. *Best Buy!*

Pick your three favorite gourmet sandwiches for your platter. Comes with chips, condiments, and a cookie and brownie tray.

Ready-to-Eat Wrap Tray.

Choose any three different fillings for the flour tortilla wraps and we'll assemble a tray of them, already cut in half for easy munching. We'll add chips, and a cookie and brownie tray.

Trio of Pinwheels.

Flour tortillas are rolled around three different fillings, then cut into bite-size sandwiches. Each order includes a mix of a roast beef with Colby Jack cheese, turkey with cream cheese, and Mike's "Crunch with a Punch" Chicken. Three pieces per person.

Meat & Cheese Platter.

An abundance of the finest deli meats and cheeses piled high on a bed of lettuce. Comes with chips, artisan rolls, and condiments.

Fruit & Cheese Platter.

An assortment of imported and domestic cheeses, garnished with seasonal fruits. Served with an assortment of crackers.

Vegetable Platter.

A bountiful platter of seasonal fresh vegetables and ranch dip. May include broccoli, carrots, cherry tomatoes, cucumber, and celery.

Fresh Fruit Platter.

Enjoy a delicious selection of fresh seasonal fruit. A perfect starter for morning staff meetings or as a complement to a buffet.

Gourmet Side Salads.

Choose any gourmet salad and order a bowl generous enough to serve everyone at your function.

See your choices on page 5.

Side Salads.

Tossed green salad with two dressings	\$2.30 /person
Potato salad	\$2.75 /person
Broccoli salad	\$2.75 /person
Pasta salad	\$2.30 /person
Coleslaw	\$1.25 /person

Small Serves up to 15	Medium Serves up to 20	Large Serves up to 25
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\$149.25	\$199.00	\$248.75
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\$82.50	\$110.00	\$137.50
----------------	-----------------	-----------------

\$164.25	\$219.00	\$273.75
-----------------	-----------------	-----------------

\$164.25	\$219.00	\$273.75
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\$80.00	\$106.80	\$145.00
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\$134.25	\$179.00	\$223.75
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\$120.00	\$160.00	\$200.00
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\$54.00	\$72.00	\$90.00
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\$70.00	\$93.40	\$116.75
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\$60.00	\$80.00	\$100.00
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Gluten-free wraps and bread available upon request.



Appetizers & Party Trays

*Small serves 15, Medium serves 20, and Large serves 25. Table service upon request.
(Basic paper products 25¢ p/p, clear plastic 50¢ p/p, OVERtheTOP ceramic serving pieces, 15% up charge)*

Ham Balls

Traditional recipe made with ground pork and graham cracker crumbs. Topped with a sweet, tangy sauce. Three balls each.
Small \$37.50 Medium \$50.00 Large \$62.50

Bite-Size Chicken Parmesan

Bite-size chicken pieces hand-breaded in Parmesan and Italian crumbs. Topped with marinara and three Italian cheeses. Three pieces each.
Small \$44.25 Medium \$59.00 Large \$73.75

Italian Mix

Meatballs, grilled Italian sausage, bell peppers, and onions simmered in marinara sauce.
Small \$44.25 Medium \$59.00 Large \$73.75

Stuffed Mushrooms

Three fillings to choose from: Italian sausage, seafood, or our house specialty of bacon and blue cheese.
\$16.95 per dozen

Build Your Own BBQ Sandwiches

Choose from our smoked pork loin, juicy grilled chicken breast, or shredded beef. Served with homemade white rolls. (Two pieces per person.)
Small \$60.00 Medium \$80.00 Large \$100.00

Spinach Artichoke Dip

A flavorful blend of sour cream, green onion, herbs, spinach, and artichoke. Served with crispy pita chips.
Small \$39.00 Medium \$52.00 Large \$65.00

Mini Beef Kabobs

Marinated sirloin skewered with bell peppers and onions, then grilled to perfection. Served with sweet grilled pineapple. Two per person.
Small \$89.25 Medium \$119.00 Large \$148.75

Shrimp Cocktail

Jumbo shrimp, lemon wedges and homemade cocktail sauce. Three per person.
Small \$59.25 Medium \$79.00 Large \$98.75

Cheese Ravioli in Vodka Sauce

Bite-size ravioli in a creamy tomato vodka sauce.
Small \$59.25 Medium \$79.00 Large \$98.75

Pork Egg Rolls

Traditional egg rolls served with sweet and sour sauce. Two per person.
Small \$37.50 Medium \$50.00 Large \$62.50

Cheeseball with Crackers

Handmade and bursting with flavor. Choose from herbed veggie, Southwestern or Greek.
Small \$37.50 Medium \$50.00 Large \$62.50

Fancy Fruit Kabobs.

Elegant little skewers of fresh strawberries and sweet pineapple drizzled with white and dark chocolate. Three per person.
Small \$60.00 Medium \$80.00 Large \$100.00

Hummus and Pita Points

A generous portion of hummus sprinkled with Kalamata olives and feta cheese. Served with seasoned, toasted pita points.
Small \$37.50 Medium \$50.00 Large \$62.50

Bruschetta

Juicy Roma tomatoes, fresh basil and Italian seasonings. Served with croistini.
Small \$52.50 Medium \$70.00 Large \$87.50

Caprese Skewers

Small skewers of grape tomatoes, olives, salami, and marinated mozzarella. Drizzled with balsamic glaze. Two skewers each.
Small \$29.95 Medium \$39.00 Large \$48.75

Focaccia Appetizer Platter

Appetizer-size sandwiches on Italian focaccia bread. Filled with an assortment of smoked turkey with provolone, ham with swiss, or roast beef with cheddar. (Two pieces per person.)
Small \$44.25 Medium \$59.00 Large \$73.75

Cheese Snack Platter

An assortment of domestic and imported cheeses artistically displayed. Served with crackers.
Small \$74.25 Medium \$99.00 Large \$123.75

Southwestern Layered Dip

Loaded with refried beans, sour cream, avocado, lettuce, tomatoes, colby jack cheese, olives, green onions, and jalapenos. Served with tortilla chips.
Small \$44.25 Medium \$59.00 Large \$73.75

Meat Snack Platter

Pepperoni, salami, summer sausage, and smoked turkey. Served with dijon mustard and focaccia squares.
Small \$59.25 Medium \$79.00 Large \$98.75

Deviled Eggs

The classic party appetizer. Perfectly seasoned filling is piped and garnished. Two per person.
Small \$44.25 Medium \$59.00 Large \$73.75

Croistini Platter

Toasted baguette rounds with choice of toppings: roast beef with herbed Boursin cheese, grilled salmon with dill sauce, or cucumber, feta and Kalamata olives with hummus. Two per person.
Small \$44.25 Medium \$59.00 Large \$73.75

Mini Sandwiches on Artisan Rolls

Assorted rolls filled with turkey and provolone, ham and swiss, and roast beef with cheddar. Served with assorted spreads. One and a half per person.
Small \$82.50 Medium \$110.00 Large \$137.50

Relish Tray

An assortment of your favorite savory pickled and marinated items.
Small \$52.50 Medium \$70.00 Large \$87.50

Trio of Pinwheels.

Flour tortillas are rolled around three different fillings, then cut into bite-size sandwiches. Each order includes a mix of a roast beef with Colby Jack cheese, turkey with cream cheese, and Mike's "Crunch with a Punch" Chicken. Three pieces per person.
Small \$80.00 Medium \$106.80 Large \$145.50

IN *the* BAG

Delicious Desserts

Each order includes: plates, napkins, and utensils.

	Small Serves up to 15	Medium Serves up to 20	Large Serves up to 25
Fresh Baked Cookies. An assortment of white chocolate macadamia nut, oatmeal raisin, chocolate chip, sugar, peanut butter, and snickerdoodle.	\$37.50	\$50.00	\$62.50
Gourmet Brownies. Assortment of the best brownies you have ever tasted. Mouth-watering varieties: Cream Cheese Delights, Turtle Truffles, German Chocolate, Amaretto and, of course, that original Double Chocolate brownie that we are famous for serving.	\$45.00	\$60.00	\$75.00
1/2 Cookie, 1/2 Gourmet Brownie Bites.	\$45.00	\$60.00	\$75.00
Rice Krispee Treats. You know you love 'em. Order a platter-full.	\$30.00	\$40.00	\$60.00
Gourmet Dessert Bars. Each one is better than the next: Oreo Dream Bars, Lemon-Berry Jazz Bars, Pecan Chocolate Chunk Bars, and Caramel/Apple Bars.	\$45.00	\$60.00	\$75.00
Fancy Fruit Kabobs. Elegant little skewers of fresh strawberries and sweet pineapple drizzled with white and dark chocolate. 3 per person.	\$60.00	\$80.00	\$100.00
Apple or Cherry Crisp. Order your choice of a pan of apple or cherry crisp. The warm fruit filling is topped with oatmeal-cinnamon crumbles. Whipped cream is offered on the side.	\$68.25	\$91.00	\$113.75
Strawberry Shortcake. Customers rave about this dessert and order it again and again. Rich pound cake is layered with creamy vanilla pudding, fluffy whipped cream, and luscious strawberries. Comes in a big pan that allows generous portions.	\$67.50	\$90.00	\$120.50
Kahlua Brownie Supreme. It's the crisp edges of the brownies that are best, so we cut 'em off and soak them in Kahlua, then stir them together with whipped cream and chocolate mousse. We add cherries on top as a warning that you'll have to order this decadent dessert again and again.	\$60.00	\$80.00	\$100.00
Edgies. These "cookies" are clever, unique and SO good. We cut the edges off our famous brownies, coat the 4" pieces in either dark or white chocolate, and roll them in assorted toppings.	\$41.25	\$55.00	\$68.75
Scotcheroos. A traditional recipe of crisp butterscotch squares topped with chocolate.	\$37.50	\$50.00	\$62.50



IN *the* BAG Breakfast Fare

Each order includes: plates, napkins, and utensils.



	Small Serves up to 15	Medium Serves up to 20	Large Serves up to 25
Make-Your-Own Breakfast Burrito Bar. Fresh flour tortillas can be stuffed with your favorite combination of grated cheese, scrambled eggs, sausage, and hashbrown potatoes. Top with salsa, black olives, or sour cream. Comes with sliced fresh fruit and orange juice.	\$168.75	\$225.00	\$281.25
Breakfast Pizza. We top pizza crust with our special scrambled eggs along with peppers, onions, cheese, and ham, and accompany it with fresh fruit and juice. <ol style="list-style-type: none"> 1. Original: eggs, ham, peppers, onions, cheese, and hashbrowns 2. Sausage & Gravy: eggs, cheese, and hashbrowns 3. Hollandaise & Spinach: eggs, cheese, and hashbrowns 	\$165.00	\$220.00	\$275.00
Scrambled Eggs. We scramble our eggs with ham, onions, peppers, and shredded cheese, then serve them with sides of bacon and sausage, assorted Danish pastries, fresh fruit, and juice.	\$168.00	\$224.00	\$280.00
Hashbrown Casserole. This eye-opening dish includes hashbrowns, sausage, peppers, and cheese. It's topped with french fried onions and served with fresh fruit, assorted Danish and juice.	\$164.25	\$219.00	\$273.75
Hashbrowns Florentine. This layered dish of goodness generates rave reviews. Crisp hashbrowns are layered with fluffy scrambled eggs, fresh spinach, hollandaise sauce, and Monterey cheese. Fresh fruit, orange juice, and pastries, come with it. <i>*Add a side of bacon or sausage for \$1.95 per person</i>	\$192.00	\$256.00	\$320.00
Italian Strata. Italian sausage, yellow squash, spinach, cheese, and eggs. All baked together under a layer of cheese until golden brown. Includes a variety of fruit, pastries, and juice. (24-hour notice, please.)	\$179.50	\$239.00	\$298.75
Breakfast Sandwiches Platter. We'll bring you a platter of egg patty sandwiches on croissants, English muffins, or biscuits; some with sausage, some with bacon, and some with ham. All topped with a slice of American cheese. Fresh fruit and orange juice complete the meal.	\$126.75	\$169.00	\$211.25
Continental Breakfast Platter. Danish pastries, muffins, breakfast breads, and cinnamon rolls accompany an array of seasonal fresh fruits and juice.	\$146.25	\$195.00	\$243.75
Assorted Pastry Tray. Trays of assorted muffins, breakfast breads, pastries, and cinnamon rolls make a great mid-meeting break.	\$72.00	\$96.00	\$120.00
Build a Yogurt Parfait. Build a light and nutritious breakfast mixing yogurt with assorted berries. Top your creation with crunchy granola. Comes with orange juice.	\$116.25	\$155.00	\$193.75
Cinnamon Roll Tray. Giant, flaky cinnamon rolls drizzled with cream cheese frosting.	\$63.75	\$85.00	\$106.25
Bagel Tray. Assorted bagels, plus a variety of cream cheese flavors and jellies.	\$64.50	\$86.00	\$107.50

Beverages

Most Coke or Pepsi products, diet or regular

Root Beer, diet or regular

Dr. Pepper, diet or regular \$1.35
(12 oz. cans)

Sparkling mineral waters (Lemon-Lime & Berry)... \$1.35

Bottled Water \$1.35

Bottled Pink Lemonade \$2.00

Bottled Tea (Sweetened or Unsweetened)..... \$2.00

Hot Tea \$18/pot

Individual Orange Juice \$2.00/person

Bulk tea, lemonade, or punch with cups

For minimum of 50..... \$0.75/person

Bag of Ice (5 lbs.)..... \$3.50



Snacks

Popcorn \$1.00/person

Great as walking-around food or perfect for meetings that include videos. Choose kettle corn, movie theater or cheddar-flavored, or order all three!

Chex Mix \$2.00/person

An old favorite, but ours is even better. Savory cereal pieces, nuts, pretzels and more. Comes in big bowls to share.

Our own Nutty Snack Mix..... \$3.00/person

This is our **IN^{the}BAG** chef's special concoction of nuts, raisins, M&Ms, and seasonal munchies. Comes in big bowls to share.

FANCY COFFEE.

Put smiles on your guests faces!

We'll deliver steaming hot coffee or tea with sugar and cream, and heavy-duty cups. Choose a mix of regular or decaf coffee and assorted tea bags with fresh lemon.

One pot serves 12 -15 people.....\$18/pot



- Minimum order \$25 per site. • Please give us 48-hours notice for weekend meetings, minimum: 25 people.
- We'll guarantee your delivery time when your order is placed by 5 p.m. the day before.
- We donate 25% of our gratuities each month to the Charity of the Month featured in our Quick Bites newsletter.

*If you have special dietary requests, please let us know when ordering.
We look forward to creating a meal everyone can enjoy.*





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Company _____	Delivery Instructions
Ordered by _____	Day _____
Address _____	Time _____
City, Zip _____	_____
Phone _____	_____
Fax _____	_____
E-mail _____	

For your special catering needs, give us a call at 515-222-9338



Name	Entree Number	Fruit or Veggie Salad Dressing	Drink
1. _____	_____	_____	
2. _____	_____	_____	
3. _____	_____	_____	
4. _____	_____	_____	
5. _____	_____	_____	
6. _____	_____	_____	
7. _____	_____	_____	
8. _____	_____	_____	
9. _____	_____	_____	
10. _____	_____	_____	
11. _____	_____	_____	
12. _____	_____	_____	

Name	Entree Number	Fruit or Veggie Salad Dressing	Drink
13. _____	_____	_____	
14. _____	_____	_____	
15. _____	_____	_____	
16. _____	_____	_____	
17. _____	_____	_____	
18. _____	_____	_____	
19. _____	_____	_____	
20. _____	_____	_____	
21. _____	_____	_____	
22. _____	_____	_____	
23. _____	_____	_____	
24. _____	_____	_____	

If you have special dietary requests, please let us know when ordering. We look forward to creating a meal everyone can enjoy.

This is a special occasion for (name) _____

Occasion _____

NOW ACCEPTING



Prices do not include applicable delivery fee and sales tax. Price subject to change without notification. Charges will still apply for orders cancelled within two hours of delivery time and the food will be donated to a local shelter.