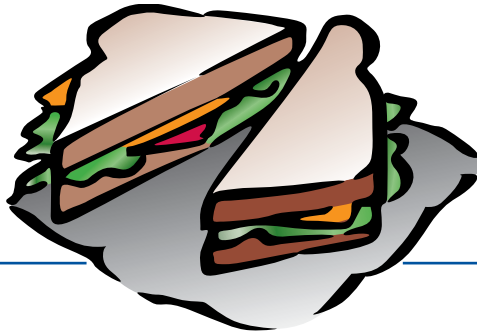


For your next lunch you could order:
Sweet and Tangy Hawaiian Chicken

Quick



Bites

from **IN***the***BAG**
Corporate Cuisine



July 2010

www.inthebag-lunches.com or call or fax us at 222-9338

Tell your boss and others about **Eagles' Wings Retreat**

Brochures now available
by calling 222-9338



See story on page 2.

Help with medical travel expenses

What would you do if you had a child who needed specialized health care that was hundreds of miles away? Could you afford multiple trips and extended stays? That's the issue addressed by the Little Al Foundation.

The Little Al Foundation was established in memory of Alan Andrew Dean Miller, who was born July 23, 2004 and died five-and-half months later after his second heart surgery. Little Al was diagnosed just two weeks prior to his birth with Hypoplastic Left Heart Syndrome (HLHS).

In preparing for the birth and health care for their son, Ryan and Holly Miller sought specialized care in Ann Arbor, MI. Over the course of Little Al's life, they spent several weeks at the facility for Al's birth, his initial heart

surgery five days later, and for his second heart surgery.

Ryan and Holly knew they were fortunate to have the resources and means to make the 500-mile trip to access the specialized care their son needed, but they realized that not all families of critical care children were as lucky. After the death of their son, they founded the Little Al Foundation to help cover expenses, such as gas, food and lodging, for families who needed to travel to find appropriate care for their children.

The Foundation will raise money with three events in 2010: a golf outing held May 22, a volleyball tournament held June 5 and Motorcycle and Classic Car Charity Ride and Poker Run, coming July 24. Details of this event, that begins in Fenton,

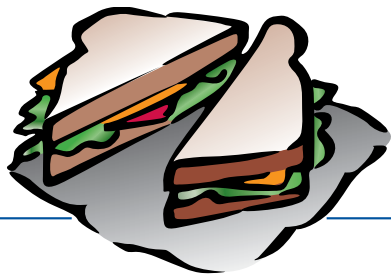
Iowa, can be found at www.theryanmillerfamily.com

For more information about the Foundation and its dispersement policies contact Ryan Miller, 515-979-3959 or Holly Miller, 515-360-4326.

During July
25% of
IN-the-BAG
gratuities
will be donated
to the
**Little Al
Foundation**

Little Al Foundation

Quick Bites



from **IN the BAG**
Corporate Cuisine

The **IN the BAG** Guy!



Mike Taylor

How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant of the weak and strong. Because someday you will have been all of these.

- George Washington Carver



Corporate Cuisine

www.inthebag-lunches.com or call or fax us at 222-9338

Food for Thought from . . .

Customer: Joan Tice is the Executive Administrative Assistant for Homes Services Lending, LLC, a mortgage originator.

How she found us: I've used you for a long time and with several companies. The first time? A co-worker recommended you when I worked at Allied in 1996.

How she uses ITB: I order when I have agent meetings or all-day trainings. That's lunch for 10 to 30 people. For the trainings, ninety-nine percent of the time we order bags so people can grab the one with their name on it and keep working. I send everyone an electronic menu a couple of days out and set a deadline for choosing, or I order for them.

For the agents, I sometimes order hot 'cuz they need a reason to break after a few hours.

What she appreciates most: You make doing lunches easy at a reasonable price, and it's really good food. Your people are fabulous. The people on the phone and the delivery guys, they're never grumpy and sometimes they have a right to be when I call on really

short notice. But they always deliver on time and with a smile.

What she'd never change: The quality of your food. It's really fresh and I never get any complaints about brown lettuce or "iffy" food.

Favorite sandwich: The Turkey Breast (#4), but without the cranberry sauce.

Salad: I love, love, love your Greek Country Salad (#31)!

Buffet: The Cheese Manicotti. "You can order that any time," they told me.

If you've used **IN the BAG's** capabilities in a unique way,

share your ideas with others who look forward to fun and creative uses of corporate cuisine. Contact Jan Franck, 515-289-9009 or email her at JanFranck@aol.com.

Meet and retreat at Eagles' Wings river retreat



IN the BAG's Eagles' Wings River Retreat

is an "awesome, unusual and comfortable" place for meetings Joan Ellis, Chair of the Beacon of Life board of directors tells us. Her 11-person board has met there twice recently for evening meetings. "We had good weather, so we gathered at 5:30 and had snacks on the patio (that overlooks the Des Moines River) before our meeting began. We watched the rowing crews on the river, all the birds and a water skier. It was so enjoyable."

Marlou Pieper of CDS Global agrees the house, (just a 5-minute drive from downtown) is a really good location for private off-site business meetings. She's scheduled the retreat for a series of confidential management meetings. "It's not the typical hotel-style meeting space. Because it was a home, it provides a

casual, relaxed atmosphere and the outdoor space was used after one meeting as a place to relax and finish the discussion."

"We like that it comes with **IN the BAG** food, too," Marlou says. We had lunch and snacks for nine brought in. There is a refrigerator there so people can help themselves to drinks. It has everything you need for a comfortable, efficient meeting."

Marlou's group met in the informal atmosphere of the cozy living room that's furnished with couches and overstuffed chairs. "**IN the BAG** furnished a flip chart, and we brought a computer and projector so we had everything we needed," she says. "Lunch was set up on the conference table downstairs and people could find their perfect spot to eat."

"We used that conference room table for our meeting," Joan

told us, "because it's a great place to get down to business. The chairs are comfortable and the table is huge, so the meeting clicked right along."

Both women agreed that there was plenty of parking in the quiet neighborhood for both daytime and evening meetings. "It's just a great option," said Marlou. "It's close, private, and convenient. It's a great off-site meeting choice. **IN the BAG** catering is all about customer service and they've brought that service to Eagles' Wings as well."

You can book Eagles' Wings River Retreat for your next meeting by calling Marty at 222-9338.

Watch for **FREE** Iowa Clubs Tickets



Again this year, we'll offer free tickets to a game to our customers. Watch your email.